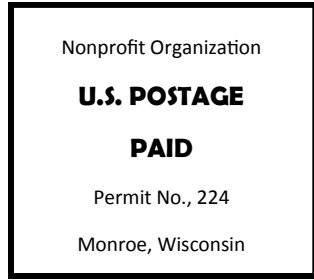


APOSTOLATE FOR PERSONS WITH DISABILITIES

702 S. High Point Rd. Suite 225
Madison, WI 53719

RETURN SERVICE REQUESTED



March 2017

FAITH...GIFTEDNESS...PARTNERSHIP

Apostolate for Persons with Disabilities, Inc./Madison Diocese

Love, Care and Compassion for Disabled Persons Since 1967

608.821.3050 :: 702 S. High Point Rd, Suite 225, Madison, WI 53719 :: APD@MadisonDiocese.org

<p>Memorials For: Adolph & Lawrence Ballweg Alice Greenheck Alphonse & Elizabeth Ripp Barbara Schultz Bernadette Haack Bill King Bud Meister Byrdene Baker Carol Gruber Charles & Judith Petrowitz Clarence & Marcella Johnston Cletus Ring Dan Baus Deceased of the Menke Family Deceased of Osmolak Family Donna Eaton Dorothy & Les Ballweg Dorothy Brewer Edward & Hildegard Hinderman Edward Osmolak Emma Janckila Faith Kenney Fr. Del Klink Fr. Del Klink Fran Menke Frieda & George Soeldner Ray Klaas Family Richard Seib</p>	<p>Given By: Mary Ellen Ripp Walt & Pam Liegel Mary Ellen Ripp Ann Johnston Helen Kelly, Agnes Beckwith Mary Stryker Phyllis Meister E. Mike and JoAnne Rufener Kathleen & Edward O'Connor Karla Petrowitz Ann Johnston Elvy Weiss Dave & Claudia Baus Lorraine Menke Nancy Osmolak Mary Stryker Mary Ellen Ripp Verna Fralick Kathy & Dave Minder Family Nancy Osmolak Esther Botting Anna Dahmen Walt & Pam Liegel Mary Gavin Menke Family Walt & Pam Liegel Ruth Schaefer Seib Family</p>	<p>Memorials For: Geen & Joe Schaefer George Ross Gerry Selchow Jack Gavin Jacob Ellefson James Theisen Jim Avenson Joe & Geraldine Shea Joe Donny Joe McKee John H & Florentine Ruhland John Sullivan John Wiegman SR Julius & Calogera Bonura Larry Schey Laura Mae Blaska Leandra Hellenbrand Louis & Monica Sullivan Louise Bouton Lucinda Esser Lucy M. Genin Luetta Joyce Luise Margaret Rusch M. Jeanne Terner Marge LaBrosse Mary & Fred Dochnahl Family Melvin Bollig Norma Haag</p>	<p>Given By: Ruth Schaefer Bob and Nancy Ross Barbara Posten Mary Gavin Dorothy Hayes David & Nancy Schoepp Vernon and Doris Bindl Barbara Posten Greg Knoke Ann McKee Sheila Ruhland Helen Sullivan Doris Weigman Jeana & Ralph Haak Shirley Shey Esther Botting Jerry Hellenbrand Helen Sullivan Ann McKee Norman Esser William Genin Seib Family Nancy Handegan Mary Stein & Patricia Murphy Ken & Mary Lou Kleist Elizabeth Dochnahl John F Buol James Haag</p>
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Memorial For: _____ Given By: _____

Please send \$10 for each Mass Intention to : Apostolate for Persons with Disabilities

702 S. High Point Rd., Suite 225, Madison WI 53719.

Dear Sisters & Brothers,

I am pleased to greet you in this Lenten Season of the Church! Be assured of my love and prayers for you. I do enjoy the connection the weekly television Mass provides for us to celebrate the Sunday Mass. This is the 50th year that the management and staff provides this wonderful opportunity for all who are homebound and in healthcare facilities.

Lent is a special time of prayer, reflection, calling us to embrace its traditional disciplines that enable the deepening of our relationship with Jesus Christ. I think of the Lenten Season as being rather akin to the many training camps for various sports. Through days of practice, such camps enable players to be refreshed in the basics of a particular sport that perhaps hasn't been played in a number of months. It is also a time of conditioning of an athlete's body, mind, and spirit to prepare for new seasons.

So, too, the Sacred Scriptures and the disciplines of Lent offer us a version of 'training camp' in our faith, enabling us to more faithfully understand and live the faith given to us in Baptism. We are called to have an openness to God's Word and Grace that help us to revisit the basic truths of God's love for us and who God calls us to be as disciples, as children of God. Faith is a way of life that truly forms and shapes our bodies, our minds, and our spirits.

May God bless you this and every day! May this Lenten Prayer be part of your Lenten days.

You are holy, Lord, the only God, and your deeds are wonderful.

You are strong. You are great.

You are the Most High. You are almighty. Amen.

Msgr. Larry Bakke



Lent is a time for Catholics to pray for those entering the Church at the Easter Vigil and to prepare ourselves for Easter by recalling our own baptism and through penance. The three traditional penitential practices are prayer, fasting and almsgiving (giving to those in need). The goal of this is to show our love of God by denying ourselves of earthly pleasures (or getting rid of sinful behavior), through prayer, and by loving our neighbor. Throughout the season we pray for the gift of conversion so that we truly turn away from evil and turn toward the Risen Lord. It's never too late to start or add to your Lenten resolutions. Consider doing one or more of the following for the coming week(s).

Prayer

- ◆ Pray every day. If you don't have a regular routine, there is no better time to start than Lent.
 - ◆ Say grace or another prayer of thanks at every meal— breakfast, lunch and dinner.
 - ◆ Pray daily for your pastor and fellow parishioners.
 - ◆ Pray for people that you strongly dislike (by name, if you can). Ask God to bless them and to grant you the grace to see and love in them what he sees and loves.
 - ◆ Go to daily Mass once or twice a week (in addition to Sunday Mass). If you can't do this, read the daily Mass Scriptures. Go to www.usccb.org for each day's readings.
 - ◆ Go to confession. Even if it has been awhile, it's not scary! The priest will help you if you need it. You'll feel like a new person!
 - ◆ Read a spiritual book during Lent. Go to www.madisondiocese.org/lent for some suggestions.
- (Continued on next page.)

Cont. Article 'Lenten Suggestions'

Fasting

- ◆ Fast from a favorite food.
- ◆ Fast from gossip, talking behind a person's back, lying or calling people names. Even if you fail, keep trying.
- ◆ Fast from going out for coffee or a meal at least one day each week of Lent. Save the money that you would have spent and donate to a charitable organization at the end of Lent.
- ◆ Fast from "screen time" at least once a week. Leave your phone off for an hour or two. Find a useful way to use that time to better your soul.
- ◆ Fast from making angry comments on social media or in conversation.



Almsgiving

- ◆ Donate time or money to a charity or organization that directly helps people who are poor, sick or lonely.
- ◆ Use some of your time for others. Visit an elderly relative. Send a card to someone who may be lonely. Spend some quality time with your children and spouse or with friends.
- ◆ Give God's joy to others. Speak to people who are sometimes "invisible" like store employees, cleaning staff, and others who you see each day. Remind yourself that they are made in God's image and each one is precious in God's eyes.



WORKS OF THE APOSTOLATE



The Apostolate sponsored a one day conference on Adaptive Catechesis for Directors of Religious Education of parishes in the Diocese of Madison.



The Apostolate provided a grant to start a program in Catholic Schools to help students with dyslexia learn to read.



Leaders of the Apostolate attended the Wisconsin conference on disabilities. This year's theme was faith inclusion of people with disabilities.

Thank you to everyone who made donations in memory of Cathy Negus

Cathy was Msgr. Tom Campion's niece, and she loved the work of the Apostolate



- | | | |
|-------------------------------------|---------------------------------------|---|
| Cheryl Schumacher | John A. Dickens | Mary Hefferan |
| Betsy Lubke | Mary Kay Mullen | Joan Olson |
| Robert Cullen | Patricia & Allan Patek | Dave's Ace Hardware |
| Carolee Birschbach | Dan & Karen Pansing | William O'Leary |
| Colleen Negus | Greg Chesmore & Chad Weick | Julia & Randy Walters |
| Bradley DeRosier | David & Diane White | Laura & Jim Carney |
| Carol Watson | Joseph Polaneczky | Sharon Bastian |
| Elizabeth Johnson | Campbell Supply Company | Sara K Cress |
| Carol Carlson | Ruth Campion Lochrl | Greg & Therese Sessler, |
| Thomas & Bernita Roth | Marlys Howe | Matt & Jackie Wecker |
| Dr. C.J. and L.A Hammer | Susan Bowditch | Diane & Thomas Campion |
| Cathryn Westrick | Richard & Judith Rusch & Family | William & Sandra Finn |
| Kipley Losching-Erdman | Vickie & Franz Weigand & Lexie | Marc Walfish & Sandra Worley |
| Terri Kachel | Weigand | Dave & Jane Marshick |
| Anne Lucey | Mike & Janet Sessler | Jeffrey Suchomel |
| Janet Rote | Mary Farley | Kurt & Meriel Rongstad |
| Chuck & Darla Flood | Mylin Family | Milton High School Class of 1982 |
| Bridget & Donald Fraser | Janet Rauscher | Active Minerals International |
| Jim & Genise Brandt Family | Shirley Virnig | Michael & Diane Brooks |
| The Madden Cousins (Jane, Joh, Tom, | Brian, Lynette, Heidi, Tyler, and | Lauri & Stephen Hauser |
| Betsy, Michael) | Heather Hammil | Lois Conklin |
| Stephen and Eileen Tucker | Jan Bier | Susan Sturgul |
| Mike & Judy Van Handel | Mary & Patrick Georgia | James Fagan |
| Patrick & Heather Weberpal | Mike, Deb, Ross, and Allie Fitzgerald | The Joseph Voskuil Family |
| Donald & Dolly Noskowiak | Gene & Maureen Hochberg | Rodney, Kathy & Courtney Spangler |
| Kathleen Croak Cooper | Sandra Kunkel | Joel Turner |
| Catherine E. Drenning | Ann Flynn | Maureen Thomas |
| Mary Putsch | Ben and Lauren Yarbrough | The Rock County Sheriff's Office Civil Pro- |
| M. Jane Weber | Michelle Wenzel | cess and Court Division |
| James Carwardine | Erik and Jennifer Chellevoid | Amerhart Building Material Distributor |
| Mary Merkatoris | Cindy Fredrick | Joyce Reuter |
| Florence Williams | Paul and Renee Griepentrog | Paul Wixom |
| Cere D. Turner | Duff & Dee Fanning | Stephen and Eileen Tucker |
| Helen Douglas | Lisa Merkatoris | The Belles of St. Mary, Milton |
| Allan & Karen Helgestad | Nancy Ott Trainor | Patti Droessler |

Who's Who at the Apostolate? Meet Dcn. Jim Hoegemeier!



- Birthday: October 29
- Married Janet on: April 17, 1999, St. Albert the Great, Sun Prairie
- Ordained a deacon : July 24, 2016, St. Albert the Great
- Home Parish: All Saints, Berlin
- Favorite Saint: St. Cecilia, the patron of music
- Hobby: Flying his droid and taking pictures
- Favorite Sports Team: Green Bay Packers
- Fun Fact: Worked out with Prof. Wrestler Hulk Hogan
- Lunch at work: PB&J sandwich, apple sauce, pudding, yogurt, peanuts, and a juice box

Thank you

For many years, volunteers have gathered to assemble the newsletters that you receive from the Apostolate. As we transition to a new printer method, we'd like to express our gratitude to everyone who has helped make these newsletters possible.



TV Mass: Prayer of Spiritual Communion

The TV Mass has recently added a new image to the screen at the time of communion. This image includes a prayer of spiritual communion.

A prayer of spiritual communion is prayed when a person is not able to physically consume the Eucharist, in this case, because they are participating in the Mass from home.

The prayer was written by St. Alphonsus Liguori in the 18th century. When this prayer is prayed, actual grace is given to your soul.

St. Thomas Aquinas once defined a Spiritual Communion as "an ardent desire to receive Jesus in the Most Holy Sacrament [in Communion at Mass] and in lovingly embracing Him as if we had actually received Him."

The prayer is included in this newsletter so that you can pray it with the TV Mass and throughout your week.

Prayer of Spiritual Communion

**My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.**

**I embrace You as if You were already
there and unite myself wholly to You.
Never permit me
to be separated from You.**

Amen.

Television Mass Schedule

WISC-TV Channel 3

Sundays 7:00 A.M.



Thank you to
WISC-TV Channel 3
for your ongoing generosity in providing
the weekly Mass to our viewing audience.



The Brightness of Lent

This time of year can be challenging for many people, especially those of us living in Wisconsin. The weather gives us little tastes of spring and then reminds us that it is still very much winter. The season of Lent, whose liturgical color is violet, rather than the green of Ordinary Time, reminds us of the need to convert – to change our ways. Many of us have the practice of giving something up for Lent. As creatures of habit, this can be difficult.

Conversion does not just include turning away from things. It also means turning toward things. The weather reminds us that we are still in the dark and cold of winter, but we have more daylight and daily temperatures are steadily rising. We know we are moving toward spring and new life. We also know that Lent is a period that leads up to the brightest pinnacle of the liturgical year – the celebration of Easter and the Resurrection of our Lord, Jesus Christ.

Lord Jesus,
During this season of Lent, help me to
allow your light to shine in me,
strengthen me, nourish me,
and purify me.
Grant that this same light may shine
through me so that my friends can
experience your love
through me.

Amen



Memorial for:
Sylvester Ziegler &
Phillis Frey
Given By:
Ann Johnston

Memorial for:
Louise Rusch
Offered by:
Sandra Burrus
Sandra Grigg
Steve and Cindy Karstaedt
Vonnie Adams

Memorial for:
Verle & Alice Vining
Given By:
Mary Disterhaft, Janemarie
Vining, Patricia Troost, and
Peter Vining

Memorial for:
George H Schroeder
Given By:
Knights of Columbus
Council 6371, Waunakee

Memorial for:
Clorion & Henrietta
Pulvermacker Families
Given By:
Patricia Seaman

Memorial for:
Jacob, Florence, Marian,
Elise, and Jeremay Buol
Given By:
Donovan & Charlain Boley

Memorial for:
Syl Ziegler and Valeria Acker
Given By:
Mr. & Mrs. Stanley Wagner

Memorials For:
Robert & Norine Dalton
Ronald Hellenbrand
Roy and Mary Robichaux
Scott Schmidt
Theresa W. Kenison
Theresa Zeigler
Verena Hellenbrand
Vergil Brandt
Verna Moen
Victor Ballweg
Wanda Liegel
Wayne Page
Will Coulthard Family

Memorial for:
Ziegler & Nonn
Families
Given By:
Alfred Nonn

Memorial for:
Florion & Henrietta
Pulvermacker Families
Given By:
Ann Johnston

Memorial for:
Ziegler, Nonn, and
Chagnaadorj Families
Given By:
Michael Nonn
Council 6371, Waunakee

Memorial for:
Family and Friends
of Patricia Seaman
Given By:
Patricia Seaman

Memorial for:
Cletus Ring
Given By:
Jerry & Mary Lou
Baryenbruch

Memorial for:
Sybilla & Joe
Zimmerman Family
Given By:
Elizabeth Dochnahl

Memorial for:
Victor & Magdalen
Ballweg Family
Given By:
Magdalen Ballweg

Given By:
Carolyn Thomann
Jerry Hellenbrand
Sharon Takacs
Barbara Ellingson
Mary E Lochner
David & Nancy Schoepp
Jerry Hellenbrand
Jeanette Brandt
Barbara Ellingson
Magdalen Ballweg
Walt & Pam Liegel
Esther Botting
Doris Weigman

Upcoming Events

March 21: Gallery 21



The Madison Area Down Syndrome Society will be displaying a photography gallery featuring children with Down Syndrome and their families in Madison. Join us in this great celebration of the beauty of every person, made in the image and likeness of God. For registration details, call 608-692-7653.

March 21: Passion and Purpose for Marriage



Interpreted in American Sign Language

St. Dennis Parish is offering a marriage event that will be interpreted in ASL. Please contact their parish office at (608) 246-5124 to register

Ongoing: 500 to Celebrate

The Apostolate will provide a \$500 grant to parishes for a luncheon to meet and learn about the accomplishments of people with disabilities in their parish. Details will be sent to each parish in March. The first 10 parishes to apply will receive the grant. For more details, contact the Apostolate staff.

April 14: Good Friday

April 16: Easter

August 25: Day at the Dells

Mark your calendar for our annual Day at the Dells! More details in future newsletters.

Apostolate Staff Members

702 S. High Point Rd. Ste. 225, Madison, WI 53719

Email: APD@MadisonDiocese.org

Msgr. Larry Bakke, Director 608-325-9506

Dcn. Jim Hoegemeier, Associate Director 608-821-3051

Kellie Raddell, Project Manager 608-821-3050

To recite the Rosary is nothing other than to contemplate the face of Christ with Mary.

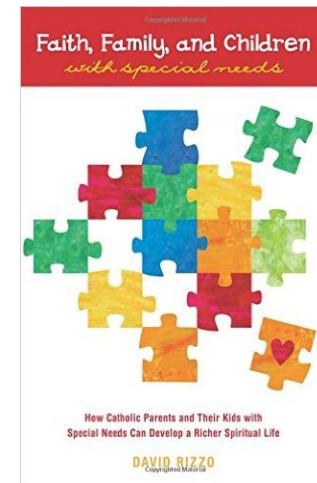
— Pope John Paul II —



In the know... Public policy

In 2014, the federal agency that oversees Medicaid Home and Community Based Services (HCBS) issued new regulations related to inclusion and gave all states, including Wisconsin, five years to develop a plan to ensure that all individuals receive services in the community to the same degree of access as individuals not receiving Medicaid home and community based services. Those services should reflect the personal preferences, including any desire for religious expression and participation, of individuals receiving them.

Resources for your growth and enjoyment



Intellectual & Developmental Disabilities:

Faith, Family, and Children with Special Needs

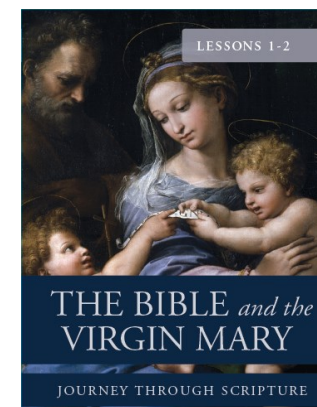
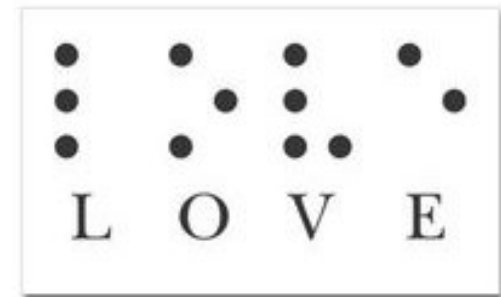
David Rizzo, who has a daughter who is on the autism spectrum, writes about how Catholic Parents and Their Kids with Special Needs Can Develop a Richer Spiritual Life. It is easy to read and would greatly benefit any Catholic parent who is raising a child with special needs.

David offers practical advice, such as how to go to mass as a family, and how parents can relate to God amidst the never-ending challenges of raising a child with an intellectual or developmental disability. This book is available through online sources and was produced by Loyola Press.

Blind / Low Vision:

Many parishes today have large print missals available. Ask an usher or pastor to locate a copy that will allow you to fully participate in the liturgy.

The Madison Diocese has copies of the parts of the mass printed in Braille. Please contact the Apostolate if you or someone you know within our diocese would like a copy.



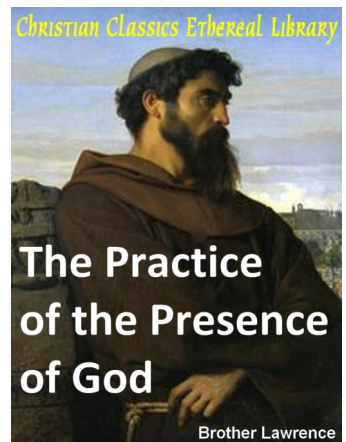
Deaf/Hard of Hearing

The diocese is going to be starting a Bible Study in ASL for people who are deaf or hard of hearing. They will begin by watching and discussing a series called, *Symbolon, The Catholic Faith Explained* series on *Knowing the Faith*. The group will watch a short video and then discuss what the topic and how it applies to their life. All conversations and prayers will be in American Sign Language.

Please contact the Apostolate with the name and contact info of anyone you believe would be interested in participating.

Prayer, Spiritual Growth

Brother Lawrence worked in the kitchens and as a cobbler his entire life. He shares how he developed the virtue to do everything every day in the presence of God. If you want to learn to 'pray without ceasing,' this easy to read spiritual classic will provide you with a great example. It is available for free in online and in audio format if you would like to listen to it at www.ccel.org/ccel/lawrence/practice.html.



The secret of happiness is to live moment by moment and to thank God for all that He, in His goodness, sends to us day after day.—St. Gianna